

Dear Randjes Residents,

Coronavirus Update

On Wednesday 18 March we introduced a 'lockdown' at Fleming House and Resthaven. Apart from a few minor issues and misunderstandings, we have had a very high level of compliance from the Residents at Fleming House and Resthaven as well as their families and friends. We have received many emails from family members commending us on taking decisive steps to protect their loved ones. A big thank you to our Estate Residents for complying as well.

Having said this, we are alarmed at the views being expressed by some of our Residents on the Estate who are of the view that 'life can go on as normal' and they 'will keep going out for lunches and dinners with their friends'. Our stats also tell us that there has been no slowdown of visitors to the Estate. **We certainly do not relish being seen as the bad guys who are messing with people's civil liberties by restricting freedom of movement – BUT if we don't all take this silent enemy seriously, we run the risk of someone unwittingly bringing it on to the Estate and the outcome could be disastrous for Randjes.** Please think about your actions and cancel ALL non-essential activities, meetings and get-togethers – as you have no way of knowing if someone in your immediate circle has been in contact with someone who has just returned from a trip abroad.

Randjes Management shouldn't have to impose a total lockdown of the Estate – if our independent Estate Residents adopt what is being imposed in many parts of the world until the danger is over - 'shelter in place' - we should be successful in keeping the virus out of Randjes.

What does 'Shelter in Place' Mean?

The 'shelter in place' concept is essentially about remaining in your home – and stopping all your family and friends from coming to visit you. Telephone and/or skype calls will be how you stay in touch for a while.

The exceptions to this concept are essential activities which are broadly defined as:

- Tasks essential to maintaining health and safety, such as obtaining medicine or seeing a doctor. ***Our doctors' transport will continue as normal and we can even assist in collecting medication for you or you can have it delivered.***
- Getting necessary services or supplies such as food and other supplies necessary for staying at home.
 1. ***Pick n Pay have introduced a special shopping hour for folks 65 and older – Wednesdays between 7am and 8am – where there will be no other shoppers in the store. We can provide the transport at this time if Residents want to make use of this arrangement.***
 2. ***We can assist with your shopping if you prefer not to go to a shopping mall. Drop off your shopping list and money at the Admin Office for Zelda's attention and she will arrange to do your essential shopping once a week.***
- Engaging in outdoor activity, such as walking or running provided that you maintain at least 2 meters of social distancing. ***This is easy to do around the Estate.***

- Caring for another Resident in another unit. ***We can arrange to do this for you if you let us know who the other Resident is.***

The 'shelter-in-place' concept **also does not apply** to those coming to work at Randjes in an essential function or staying open if providing an essential service. This includes:

- Health care operations – nurses/carers/medical staff, including carers on the Estate and domestic workers. ***Some Residents have paid their domestic workers for the next month and told them they don't have to come to work until further notice.***
- Stores that provide essential goods like food and other necessities. ***Remember you can order from or eat at the Resthaven Dining Room.***
- Pharmacies, health care supply stores and health care facilities. ***You can order these items on line.***
- Petrol stations and auto repair facilities. ***If you have a car, make sure your petrol tank is full.***
- Banks. ***Do your banking on-line if you can.***
- Garbage and garden refuse collection. ***This will continue as normal on the Estate.***
- Hardware stores, plumbers, electricians and other service providers necessary to maintain the safety, sanitation and essential operation of residences and other essential businesses. ***Our Maintenance Team will attend to emergency maintenance only. They will focus on maintenance of all communal areas instead.***
- Laundromats, dry cleaners and laundry service providers. ***Thankfully we have our own laundry service on the Estate. Please make use of it.***
- Businesses that ship or deliver groceries, food and goods directly to residences. ***On-line shopping is a great way to avoid having to leave the Estate. A family member can even do it for you. All shopping deliveries must be dropped off at Security who will ensure that your goods get delivered to the relevant Resident on the Estate or in Frail/Mid Care & Resthaven.***
- Child care facilities providing services that enable essential employees to go to work. ***This enables our carers, nurses, security guards, gardeners, admin staff and cleaners to come to work.***

Please Stay Safe!

**GAIL KRUGER
GENERAL MANAGER**

**South African
COVID 19 HOTLINE
08000 29999**

If you present with symptoms of Corona Virus, please call the official COVID 19 HOTLINE before going to your doctor, pharmacist or nurse. By calling the hotline, someone will be sent to test you where you are, which will limit the spread of the virus.

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