

10 July 2020

Dear Residents,

UPDATE ON THE COVID SITUATION @ RANDJES ESTATE

It is with deep sadness that I inform you that Ms Maggie Holiday, Cottage 7, passed away this morning in ICU at Linksfield Hospital from COVID related conditions. Maggie was diabetic. She did not have any family, so we send our deepest condolences to Maggie's many friends at Randjes.

One of Maggie's neighbours, Gwen Wood, alerted me at about midday on Tuesday 7th that she was very worried about Maggie as she had not been well for a day or two. Gwen had spoken to Maggie from the patio and had asked Maggie to call her doctor which she agreed to do but it would appear that Maggie didn't do this. She also did not call Fleming or our Estate Nurse at any stage.

Phillipine and Sister Joy were both in attendance at Maggie's cottage and they called Dr Ginsberg who immediately called for an ambulance to take Maggie to hospital.

What we don't know – is exactly when Maggie became ill.

What we do know – is that Maggie drove in/out of the Estate to do her shopping every Monday and if she did walk on the Estate it was mostly on her own. She did not make use of the cleaning ladies at all. She used the Spaza Shop once just after it opened and not since then and she never made use of the takeaway meals from Resthaven.

If you had any contact with Maggie over the course of the last 14 days, please let me know urgently so we can understand the nature of your contact.

Phillipine has been to see 3 Residents since she attended to Maggie on Tuesday and as a precautionary measure these folks have to be quarantined for 14 days. Their flats/cottages will be decontaminated/disinfected this afternoon – as will Maggie's cottage. We will keep a close eye on them for signs of any symptoms.

The Residents are: Salome Halpern/Laura Sher/Win Chapman

We will be restricting Phillipine and Sister Joy's activities considerably for the foreseeable future which means that Phillipine will ONLY attend to emergencies. She won't be doing weekly blood pressure – Residents who are concerned about their blood pressure must, for now, either go

and have it checked at a Dischem Pharmacy and/or they must call their doctor if they are really worried. Phillipine will wear full PPE (personal protection equipment) from now onwards.

This is seriously the time for anyone who hasn't got a panic button to reconsider and get one. Our reality right now is that the nursing staff in Fleming cannot attend to any emergencies right now with the COVID situation in Fleming and we need to minimise Phillipines' contact with Residents as much as possible. Weekends and after hour emergencies are what concern us. Zelda can be contacted with regard to the panic buttons. In the meantime, if you do not have a panic button, please call Security (numbers 076 182 4915/011 786 8433) in the event of a medical emergency as they can call an ambulance for you.

It has come to my attention that Phillipine makes beds for a number of Residents every morning – this will no longer be permitted as this does NOT fall into her scope of work.

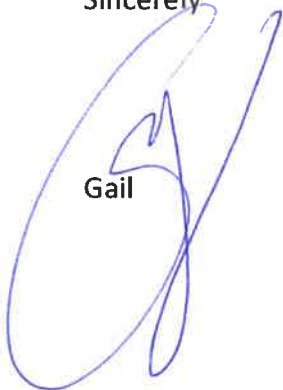
Sister Joy will not be performing non-essential activities for Estate Residents for the foreseeable future - such as Vitamin B injections and taking blood pressure. If she has to administer essential injections, she will do this wearing full PPE and on the patio outside of that unit. We have to minimise the number of times Sister Joy goes onto the Estate for now as her key responsibility is the safety of her Residents in Resthaven as well as her own.

I was astounded to hear today that there are still Residents going out on the Estate WITHOUT A MASK and then trying to engage with our staff members. Folks please adhere to the regulations around wearing a mask in public and social distancing of at least 2 meters. Your masks must be washed every day so ideally you need to have more than one mask. Or better still, you can buy a pack of 20 surgical masks for R50 or less when they are on special. These are ideal as they fit well and you throw them away after each wear. Ill-fitting masks give you little to no protection and they don't protect others from you. MASKS MUST COVER YOUR NOSE AND MOUTH AT ALL TIMES INCLUDING IF YOU ARE WALKING ON THE ESTATE!

Please minimise the number of times you leave the Estate as every time you do that you risk being exposed to the virus.

This has become very real for us this week Folks. I ask that you please remain calm and sensible at this time. You must focus on what you need to do to keep yourselves safe.

Sincerely



Gail