

# Fleming House Care Accommodation

Mid Care   Frail Care   Memory Care

## Contact

Matron Jayne Radford - jayne@randjesestate.co.za

Sister Janine Abbott - janine@randjesestate.co.za

Telephone - 011 440 4441 or 011 887 8160

Our Fleming House care accommodation at Randjes Estate is designed to provide peace of mind to Residents, their families and loved ones. Our Care Services Manager (Matron), sisters, nurses and care givers make up an exceptional team who do everything they possibly can to make our Residents in care feel at home, engaged and part of the community at Randjes.

Our professional team have a passion for aged care and they are uncompromisingly committed, so you/your loved one are in safe hands.

Randjes Estate is well known for the variety of accommodation options we offer. In addition to our studio, 1, 2 and 3 bedroom homes for independent Residents, we offer a full continuum of care and support options.

### We offer the following levels of care:

- ✓ Mid Care (Assisted Living)
- ✓ Frail Care (Dependent living)
- ✓ Memory Care (including Dementia/Alzheimer)

Please note that our care accommodation is a smoke free environment.

An application for Dependent Living needs to be completed. Financial documentation will need to be supplied to verify affordability for the Resident with regards to the monthly rental commitment. Family can sign surety on behalf of the incoming Resident, in which case we will need financial/bank statements, as well as a SARS clearance certificate from the person who is signing surety.

A full month's rental is required as a pre-payment before admission, over and above the normal monthly rental amount. The deposit requirement does not apply to Residents who are already living on the Estate.

Once your financials have been approved, and prior to admission to Randjes Estate, all new Residents (irrespective of whether they are independent Life Righters or they are going into Fleming House) will undergo a medical assessment by our onsite Doctor and our Matron. The cost of the doctors assessment is for the account of the potential Resident. The assessment by our Matron is free. If you are a member of a medical aid the doctors assessment can be submitted to your medical aid for possible reimbursement.

The result of the two medical assessments will determine the level of independence and/or the level of care needed by the Resident so that the appropriate accommodation can be provided.



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## Mid Care (Assisted Living)

Our Mid Care accommodation can house a maximum of 42 Residents who require occasional assistance with bathing, laundry, housekeeping and management of medicine. Care is provided by the nursing staff based at the Nurses Station in Frail Care.

Mid Care monthly rental includes:

- 3 meals and 3 teas per day
- Water, electricity, maintenance and cleaning of room
- Nurses assistance with bathing, dressing and bed making (if required)
- Monitoring and administering of medicines
- Daily monitoring and assistance from nursing staff
- Night monitoring takes place by Frail Care nursing staff on a 2 hourly basis
- Generator back-up

Not included - laundry, this costs R25 per dry kg. Collected on Mondays, washed and ironed, delivered back to the Resident on Thursdays.

All Mid Care rooms have an intercom and call button which connects them to the Nurses Station in Frail Care.

### Types of rooms/prices

Room with shared bathroom and toilet	from R17 224 per month
Room with en-suite bathroom	from R27 373 per month
Room with bathroom and kitchenette	from R29 356 per month
One bedroom flat with bathroom, lounge and kitchen (recommended for couples)	R44 804 per month

*Preferential rates apply for Randjes Residents transferring to our Care Accommodation.*

**Prices valid from 1 April 2023 – 31 March 2024.**

### Activities/Services

Our Activities Co-ordinator provides a weekly stimulating program for our Residents. The activities include chair aerobics, board games, creative arts and crafts, memory games and afternoon movies/documentaries or music videos. A games room is available for those who enjoy puzzles or card games.

The following services are available which carry an additional cost:

- Podiatry and hair dressing
- Doctor and physiotherapist
- Transport for trips to and from Doctors and Hospitals within a 15 km radius
- Incontinence wear (nappies) can be ordered by us on a monthly basis from our service provider and added to your monthly invoice.
- DSTV is for your own account should you opt for this.
- If you are not using DSTV, we recommend you buy an OVHD (Open View Decoder) from Game for R499. There is no monthly subscription with Open View.
- Medication is for your own account or medical aid.
- On site Coffee Shop.

We are not equipped to manage psychiatric patients. The nursing care is not on a "one resident to one carer" basis. Should you require your own dedicated carer, this will be for your own account and needs to be arranged privately. R290 per day (day duty), R300 per night (night duty), Sundays are billed time and a half and Public Holidays double, according to the Basic Conditions of Employment Act.



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## Frail Care and Memory Care

Our Frail Care accommodation can house 43 Residents who require comprehensive 24 hour nursing care. Residents share communal bathrooms specially equipped for Residents requiring this level of care. There are private rooms with/without their own toilet facilities. Fleming House also features a well designed secure environment to provide the most beneficial and comfortable setting for Residents requiring care in one of our Memory Care wards.

Frail Care monthly rental includes:

- 3 meals and 3 teas daily.
- Residents who are unable to walk to the Dining Room will be transported in a wheelchair.
- Medication is administered as prescribed by a Doctor. Residents need to have a dispensary account with Norwood Pharmacy for ordering of medications (chronic or acute). This account can also be used for ordering monthly toiletries, if permitted by the family. Residents can either use the on-site GP or use one who is prepared to visit Randjes.
- Daily showering/bathing/bed bathing is managed by the Nurses.
- Daily laundry
- Daily bed making and room tidied.
- Daily cleaning of bathrooms and rooms/wards.
- Water, electricity and maintenance.
- Generator back-up
- Panic/call button at every bed
- An individual pocket money account can be maintained for Residents to enable Randjes to purchase personal requirements such as toiletries etc. for them.

We are not equipped to supply continuous piped oxygen or intravenous therapy. If this is required the Resident would need to go to hospital. We are not equipped to manage psychiatric patients.

### Pricing

Frail Care general ward – R26 064 per month

Private rooms - between R26 644 – R31 386 per month depending on the size of the room.

*Preferential rates apply for Randjes Residents transferring to our Care Facility.*

**Prices valid from 1 April 2023 – 31 March 2024.**

